

COLONOSCOPY PREP INSTRUCTIONS (with Moviprep)

FIVE DAYS BEFORE EXAMINATION: Continue all medications normally **EXCEPT:**

*Metamucil, Hydrocil, Citrucel, fiber supplements & other bulk preparation products

*Aspirin

*Iron Supplements

*Non-Steroidal anti-inflammatory drugs such as Ibuprofen, Advil, Motrin, Nuprin, Feldene, Clinoril, Naprosyn or similar medications

*Coumadin (Discuss with doctor)

*Plavix (Discuss with doctor)

*Diabetic Medications (Discuss with doctor - usually only day of procedure)

***** TYLENOL (ACETAMINOPHEN) IS SAFE TO TAKE BEFORE EXAMINATION*****

NOTE: Before beginning the following steps, have your prescription for 1 Moviprep kit filled at the pharmacy. You must have a driver present when you arrive for your procedure and you must be driven home. Public transportation or cabs are not allowed without a responsible adult to accompany you.

1) The day before your procedure drink clear liquids only, avoiding all red or purple liquids. Clear liquids consist of JELLO , APPLE JUICE, WHITE CRANBERRY JUICE, TEA, CLEAR BROTH, SODAS, WATER, POPSICLES (w/o fruit particles), COFFEE (**BLACK ONLY**) AND GATORADE or any pulp free liquid you can see through.

****Solid foods, milk, or milk products are NOT ALLOWED****

2) At 5pm start Moviprep (see attached directions).