

NCGC

Northern California Gastroenterology Consultants, Inc.

Colonoscopy Procedure Form

Scheduled for Date: ___/___/___ Time: ___ am/pm Location: _____

FIVE DAYS BEFORE EXAMINATION:

CONTINUE ALL MEDICATIONS NORMALLY EXCEPT:

DISCONTINUE:

Metamucil, Hydrocil, Citrucel, fiber supplements & other bulk preparation products
Aspirin
Iron Supplements
Non-Steroidal anti-inflammatory drugs (Ibuprofen, Advil, Motrin, Felene, Clinoril & other similar medications)
Coumadin or Plavix (Discuss with your doctor)

***** **TYLENOL (ACETAMINOPHEN) IS SAFE TO TAKE BEFORE EXAMINATION** *****

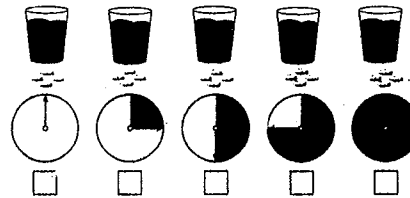
NOTE: Before beginning the following steps, have your prescription for 32 OSMOPREP TABLETS filled at the pharmacy. You must have a driver present when you arrive for your procedure and you must be driven home. Public transportation or cabs are not allowed.

- 1) **The entire day before your procedure drink clear liquids only.** Clear liquids consist of JELLO (**NO RED OR PURPLE**), APPLE JUICE, WHITE CRANBERRY JUICE, TEA, CLEAR BROTH, SODAS, WATER, COFFEE (**BLACK ONLY**), AND GATORADE or any pulp-free liquid you can see through.
** Solid foods, milk, or milk products are NOT ALLOWED. **

- 2) Starting at 5pm the evening before your procedure, take 4 OsmoPrep tablets every 15 minutes with at least 8 oz. of any clear liquid until you have consumed 20 tablets. Remain close to toilet facilities.

First Regimen

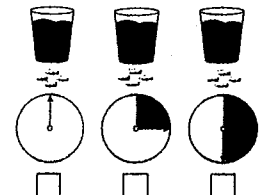
One dose (4 tablets with 8 oz of any clear liquid) every 15 minutes for a total of 5 doses (20 tablets)



- 3) At 6am (or 3 hours before your scheduled procedure, take 4 OsmoPrep tablets every 15 minutes with at least 8 oz. of any clear liquid until the remaining 12 tablets have been consumed. Remain close to toilet facilities.

Second Regimen

One dose every 15 minutes for a total of 3 doses (12 tablets)



- 4) ** If your procedure is in the afternoon, continue drinking clear liquids up to 4 hours before your procedure.

*** PLEASE CALL THE OFFICE AT 510-548-6555 IF YOU HAVE ANY QUESTIONS ***

Berkeley Office: 2999 Regent Street Suite #425 – Berkeley, CA 94705 Tel: 510-548-6555
Walnut Creek Office: 365 Lennon Lane Suite #230 – Walnut Creek, CA 94598 Tel: 925-943-4900
Alameda Office: 2070 Clinton Avenue 3rd Floor/East Wing – Alameda, CA 94501 Tel: 510-523-7304